

# June 2015



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# Calendar

By Amy | June 2015



[iframe  
src="https://www.google.com/calendar/embed?src=epworth.palmyra%40gmail.com&ctz=America/New\_York" width="100%" height="800" frameborder="0" scrolling="no"]

# Vacation Bible School

By Amy | June 2015



## Queens, Kings and Kingdoms: A Royal VBS Event

We are making preparations already for a royal spectacular happening July 12th through 16th. From 6:30 to 8:45 each evening we will explore the scriptures to help us find the true King of kings and unlock the doors to His heavenly kingdom.

As we invite all our community children to join us on the journey we will a number of people to guide them along the way.

We are looking for volunteers. There is something for everyone including crew leaders, crafts, snacks, games, pictures, tech support, building the set, registration, and simply being able to help as needed. You can sign up on the bulletin board in the narthex.

Soon we will also be putting up tags for various supplies that we will need. This helps ensure that we can continue to offer VBS free to all those who attend. You will be inspired by the joy that comes from being part of this extraordinary event.

## Online Registration



[Register Now!](#)

# Mary's Closet

By Amy | June 2015



We will only be accepting clothes during the times of 4pm-7pm on the third Friday of every month. And 9am-12noon on the third Saturday of every month. Remember we are in dire need of school age children's clothes. (boys & girls - grammar school-middle school) Drop them off at the Garfield Door entrance

Thank you from, The Mary Closet Team

# Daniel Plan Bible Study

By Amy | June 2015

# 40 Days to a Healthier Lifestyle



FAITH + FOOD + FITNESS + FOCUS + FRIENDS

Once again we will be offering this special life-changing program. The Daniel Plan shows you how the powerful combination of faith, fitness, food, focus, and friends will change your health forever; transforming you in the most head-turning way imaginably from the inside out. Research has revealed that people getting healthy together lose twice as much weight as those who do it alone. God never meant for you to go through life alone and that includes the journey to health.

**The next group will begin on Tuesday June 16th at 7:00PM and will run for 6 weeks.**

Please see Reva Luce for more information. A sign up list will be on the bulletin board.

[Learn More about the Daniel Plan →](#)

## We Need Your Family Picture

By Amy | June 2015





We are beginning to collect your family and individual pictures to be included in a new pictorial directory. Unlike in past years where a professional studio has come in and done posed shots for the directory, we are asking you to simply email us a family portrait that you would like to have included in our next booklet. Maybe you have a shot from the beach trip, or from the holidays , or WDW or maybe you just want to take a new one in the back yard. You get the idea. [Send it along via email to the church](#) and we will take it from there. No sales pitch to sit through and no waiting and trying to keep everyone from getting messed up. By the way, we can take a picture for you at the church if you would like us to; just let PC know so we can arrange it.

### **A few tips to help the process**

- a horizontal picture is preferred.
- Remember this is a church directory, so please avoid those awkward family photos.
- Please tell us who is in the photo in order.

We may need to crop the photo for the best presentation. If you wish you can preview your photo before we insert it in the final book. Our hope is that we will have a better representation of our church family with your participation. [Email it to the church office](#) and make the subject directory photo.

## **Family Fun Night**

By Amy | June 2015



You are invited to join the fun, Friday, June 12 at 6:30pm in Riverton park for an evening of games and fellowship. The highlight of the evening will be a wiffle ball game. There are swings for little ones and plenty of room to run around. Come on out just to cheer us on. It is sure to be a fun time for all. And a great way to get to know each other. Come early and share a picnic supper!

(In case of bad weather we will gather in the gym.)

## **Parish Nurse News**

By Amy | June 2015





Greetings to each of you: This month I would like to give you some information you may not be aware of, but may need to utilize at some time in the future. This is “Eldercare Information” that may be helpful if you are concerned about protecting the rights of adults; especially the elderly - whether spouse, parent, sibling or adult child.

The NJ Office of the Ombudsman for the Institutionalized Elderly can be reached at:  
PO Box 852, Trenton, NJ 08625  
or 1-877-582-6995

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## **THE NJ OMBUDSMAN PROGRAM**

The mission of the Ombudsman Program is to secure and protect the rights, and to promote the dignity, of citizens age sixty and older residing in long-term health care facilities. Ombudsman services are free and confidential.

### **WHAT DOES IT DO?**

The Ombudsman’s Office advocates for residents and helps to protect their rights. The program seeks to enhance the quality of life and improve the level of care provided to New Jersey’s institutionalized elderly.

### **WHAT DOES THE PROGRAM ADDRESS? -**

- Violation of resident’s rights or dignity;
- Physical, verbal or mental abuse, deprivation of services that are necessary to maintain resident’s physical and mental health or unreasonable confinement.
- Poor quality of care, including inadequate personal hygiene and slow response to requests for assistance;

- Improper voluntary transfer or discharge;
  - Inappropriate use of chemical or physical restraints;
  - Financial exploitation
- 

## **ADULT PROTECTIVE SERVICES OF NEW JERSEY**

can be reached at:1-800-792-8820 or FAX 609-043-3464

A Vulnerable Adult is a person 18 years of age or older who resides in a community setting, and who, because of a physical or mental illness, disability, or deficiency, lacks sufficient understanding or

capacity to make, communicate, or carry out directions concerning his or her well-being and is the subject of abuse, neglect or exploitation. We would like to think that all vulnerable adults receive respect and care, but unfortunately that is not always the case.

### **WHO IS VULNERABLE?**

Any of us can become vulnerable because of illness, disability, or a change in life circumstances. Vulnerable adults may be found living in the community alone, with family or with others. Sometimes family members are the source of abuse or neglect of a vulnerable adult.

### **WHO CAN HELP?**

ADULT PROTECTIVE SERVICES programs have been established in each county in New Jersey, to receive and investigate reports of suspected abuse, neglect and exploitation of vulnerable adults living in the community. Reports may be made by anyone, and the person making the report is assured anonymity if requested. When a report is received, the Adult Protective Service agency sends a trained worker to the alleged abused person's home to assess the validity of the report.

If the report is confirmed and the vulnerable adult is willing to accept help, the worker will take steps to identify and put in place those services that can help protect the vulnerable person.

### **WHAT CAN YOU DO?**

If you are aware of, or suspect, abuse, neglect or financial exploitation of a vulnerable adult, please call your local Adult Protective Service agency. You can make a big difference in the life of a vulnerable adult.

If you wish further information or have questions on the above topic, [please contact me](#) or leave message for me at Epworth's office.

Reva Luce, Your Parish Nurse

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## Date to Remember

June 7 - Blood Pressure Screening - in Parlor after morning service. This is for anyone in attendance that day and is a free service by our Parish Nurse

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## Emergency ID Cards: - Have You Filled Out Yours & Turned It In?



You may turn one in for each member of your family? When that is done you will then be provided with a laminated wallet card with this info. You can carry it with you and this information will enable emergency care & notification of emergency contacts to be made in a timely manner in the event you are unable to do so.

## Help Spread The Word!

By Amy | June 2015



A while ago we started a ministry to help share the Word with those we encounter along the way. In the narthex we have copies of the New Testament available for you. The idea is to keep it with you and spend time reading and pondering the word of God. Maybe it might be while you wait at a doctor's office or maybe in the morning when you get up. You may encounter or know someone that may need that Word in their lives; why not give your copy to them. You can always pick up another copy next time you are at church. By literally sharing the word with others we help spread the Good News of Jesus Christ. There are three different copies available: one is a pocket addition suitable for your purse or pocket, a large print addition and a children's book. There's one for every member of the family!

## Meeting Dates

By Amy | June 2015



If you are part of these teams and committees it is important that you plan to attend. Your voice and leadership are important as we plan for our ministry and do the work entrusted to us by our congregation and God.

- **Trustees**  
Monday, June 1, 7pm
- **Council**  
Monday, June 15, 730pm
- **Missions**  
Monday, June 22, 7pm
- **Vision**  
Tuesday, June 23, 730pm
- **Nominations**  
Monday, June 30, 7pm



# Prayer Shawl Ministry

By Amy | June 2015



*Tangible evidence of the love and prayers of our congregation*

*I have set my rainbow in the clouds, ...this is the sign of the covenant I have established between me and all life on earth. Genesis 9:13, 17*

Sometimes a shawl is created using the favorite color of the person who will receive it; sometimes in a color chosen by the bearer of the shawl; sometimes the color is chosen by the person who knits or crochets it. Too often to be coincidental, a shawl turns out to be unknowingly created in the favorite color of the recipient.

This month we celebrate yellow and aqua. Yellow is symbolic of optimism, faith, well-being, goodness, friendship, gladness and wisdom. Aqua represents courage, harmony, and stability. Consider your own favorite colors and what they mean to you.

*“Our most sincere and kindest thank you to all who prayed and trusted the word of God into healing and saving our son Jacob from leaving this earth... May God continue to bless each and everyone of you for doing His will and showing all this love and support. Thank you! With lots of love, (the Barber Family)”*

*“And they’ll know we are Christian by our love, by our love, yes, they’ll know we are Christian by one love.” From “We Are One In The Spirit” by Peter Scholtes*

Next meeting 7pm Thursday, June 25, 2015

## Congregational Care Team

By Amy | June 2015



## Congregational CARE TEAM

If any church member has done a visitation to a shut in, please let the office know. We are trying to keep track so the visits are regular and no one is skipped over. If you know someone who would like a visit or to receive communion, please call Debbie or Bryan Campion. Five members of the Walk to Emmaus community from our church have been coached by Pastor Charlie to do visitations and communion.

## Care Notes

By Tina Weiler | June 2015





In the narthex, we are making available to you “CareNotes”. These pamphlets cover a variety of topics including, grief, suffering, unanswered prayers, anger and busy-ness. You are invited to take them and our hope is that they may help you deal with a situation of life. Also feel free to share them if you know that they might help someone who is struggling.